



A LIFE WELL DECORATED

Interior designer **Trip Haenisch** has beautiful décor on the mind 24 hours a day.

7:30 AM Alarm goes off

7:35 AM Scramble eggs, watch CNN, spend time with my son, Jake, while reading and responding to e-mails

8 AM Me time. Private yoga class at Harmony Studios

9:15 AM Arrive at my office in West Hollywood. I have a great bathroom to shower and get ready in so no need to go home first.

9:45 AM Morning staff meeting. We review each client and prioritize goals for the day and week.

10:15 AM Consult with one of my designers on my first collection of rugs, which will be available at a lifestyle store later this year

10:40 AM Skype conference call with designer Alex Khater in Beirut to discuss a possible new hotel project

11:15 AM Head across the street to Fred Segal on Melrose to meet designer Deborah Sharpe for an early lunch meeting about my new line of fun (and naughty) bed linens. Order a salad and an iced tea

12:30 PM Meet with a client in Bel Air to review a proposed landscaping project

1:45 PM Swing by the art hangar at Hank Azaria's house to hang some of his personal photos

2:30 PM Rush by Earth Bar for an on-the-go snack—a protein shake with a shot of B12

2:50 PM Back at the office, I begin brainstorming ideas for a new client. They have a great midcentury home, and I can't wait for them to see what I've come up with.

3:30 PM Work on a chaise for the outdoor deck at Courteney Cox's Malibu home, which I designed

4:45 PM Step out of the office for an espresso and snack at Kings Road Cafe

6 PM Back to the office to respond to e-mails and organize my to-do list for tomorrow

7 PM Hit Equinox in West Hollywood for some cardio on the treadmill and a light workout



8 PM Jake and I catch up while we make chicken, rice and salad for dinner and bake a cake for dessert. I love when he comes home from college to spend some time with Dad.

9:30 PM Research is never done, and inspiration is everywhere so I'm spending my evening going through and flagging design magazines—*Architectural Digest*, *Interiors*, *The World of Interiors* and US, Italian and French *Elle Decor*.

10:30 PM Quick dip in the pool to relax before I'm off to bed

11 PM Lights out!