



## EYE ON THE GOAL

Interior designer **Cynthia Spence** understands the hectic, high-tech life of her clients. She credits her laser attention to detail and high energy to an athletic focus that permeates her daily routine. She took a brief time out to chat with Gentry Home about her busy schedule.

### 5:00 AM Wake up early

for uninterrupted computer time. I like to work on client communications, budgets, and numbers before starting the day. **6:00 – 7:30 AM** Hike the Stanford

Dish—it's almost like going to church for me—I can clear my head and regroup. **10:00 AM** At the office. Check in with staff.

Have a top/down on what needs to happen that day. **12:30 PM** In San Francisco sourcing for numerous clients, including a 5,000-square-foot estate in Los Gatos and a Monte Se-

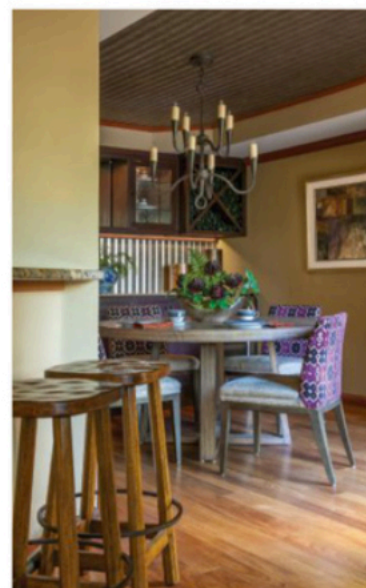
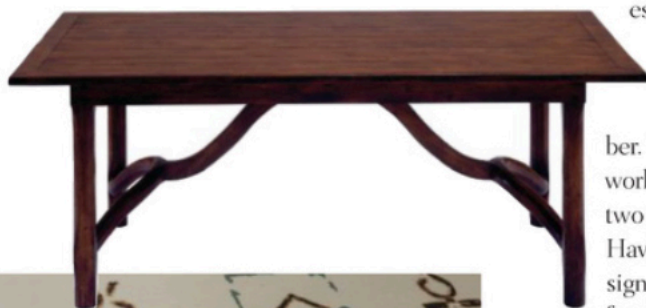


reno project that's requiring a kitchen, master bath and powder room remodel along with new fireplaces and furnishings for the whole home that will be installed by October. The living room alone is a massive 45x25-foot space. I'm also

working on a new build in Cupertino and two spec houses in Palo Alto. **2:30 PM**

Having a coffee break with a senior designer. We have 10 creative boards to do for clients. **3:45 PM** Showroom appointments to discuss stone for fireplaces. **5:00 PM**

Meeting with my marketing consultant to discuss social media strategies. **7:30 PM** Meet my triathlete boyfriend for dinner. **9:00 PM** Downtime with some Netflix—I flew through *House of Cards*. I'm well into *Bloodline* now. ♦



Some of Spence's favorites, including (clockwise from top) the "London" chandelier from Fuse Lighting, projects in Monte Sereno and Los Gatos, a grass cloth design from Elworthy Studio, and William Switzer "Swedish Yoke" table.